

<p><b>Saturday 25th March</b> Please pray for the people currently undertaking six week one-to-one cookery courses with Friends of Fun Food. Pray that they will have a positive and forward looking frame of mind and that they retain the skills and confidence with cooking and shopping for food.</p>	<p><b>Sunday 26th March</b> RUNA have met several young people recently who are experiencing domestic abuse. Please pray that families are freed from psychologically controlling behaviour and can live peaceful lives.</p>	<p><b>Monday 27th March</b> Please pray for a 15 year old boy supported by RUNA. He is consistently absconding from school and there are concerns over the people he associates with. Please pray that RUNA can identify the reasons that he is going missing and can provide him with the support he needs to stay in education.</p>
<p><b>Tuesday 28th March</b> Please pray for an 11 year old boy RUNA currently supports. Give thanks that various supporting agencies have now become involved and the outlook for the family has become more positive. Please pray that he continues to engage with services and the family continue to strengthen their relationships with each other.</p>	<p><b>Wednesday 29th March</b> Please thank God for the emergency support of food, gas and electricity for those who find themselves in a crisis. Pray that those who are in difficult times will be pointed in the right direction to get this emergency support. Pray too that they will be able to engage with services that will continue to work with their situation.</p>	<p><b>Thursday 30th March</b> Please pray for all those who access Storehouse – that they will find hope in difficult times. Pray for those that walk into the Restore Centre that their heads will be lifted as they find some relief from the food parcels. Pray for those who receive deliveries that they will be blessed and recognise that people care about them. Pray too for those that deliver that they will find the right words to encourage people.</p>
<p><b>Friday 31st March</b> Please thank God for the generosity of those in the town who provide food for the different projects. It is always brilliant to see how much food comes in which feeds around 120 families a week. Please pray for God's continued provision for the projects in volunteer time, food and money.</p>		<p><i>If you currently receive a paper copy of the prayer diary and would like to receive it by email instead please let us know.</i></p> <p><i>Would you be interested in receiving the prayer for each day emailed through to you?</i></p> <p style="text-align: center;">You can email us at <a href="mailto:admin@urbanoutreach.co.uk">admin@urbanoutreach.co.uk</a></p>

*'I called on the Lord in my distress. The Lord answered me and sat me in a broad place.'* Psalm 118:5

# Prayer Diary






## February - March 2017

  
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<p><b>REGULAR THINGS TO PRAY FOR</b></p> <p><b>Monday</b> Local Welfare Provision  <b>Tuesday</b> Storehouse, Street Life Drop-In  <b>Wednesday</b> Urban Outreach Team Time, Local Welfare Provision  <b>Thursday</b> Eve's Space with Probation  <b>Friday</b> Local Welfare Provision / Winter Watch  <b>Saturday / Sunday</b> Winter Watch</p> <p>admin@urbanoutreach.co.uk 01204 385848 www.urbanoutreach.co.uk</p>		<p><b>Wednesday 1st February</b>  Please would you continue to pray for our purchase of the Central Baptist Church. We have made an offer in faith that has been accepted but we now need to raise £150,000 to complete the purchase. We believe this will be a significant opportunity for us and our work across the churches.</p>
<p><b>Thursday 2nd February</b>  As we continue to expand the organisation, space for staff becomes a big issue. In addition there is insecurity over our food warehouse. To this end we have the offer of some land to build on and we seeking God on the way forward for this. Please would you continue to pray as we pursue this as it would be a massive undertaking.</p>	<p><b>Friday 3rd February</b>  As the organisation grows we are conscious of always needing to walk closely with God. Please would you pray that we will always hear His voice and keep that close walk. In addition the needs of some of the most vulnerable in the community are increasing and we are often challenged as to how to meet these needs. Hearing His voice is crucial.</p>	<p><b>Saturday 4th February</b>  Please give thanks for all the hundreds of individuals and organisations that got behind Christmas Dinner on Jesus in 2016 and for how we were able to bless so many. 1,221 hampers were distributed and 4,005 individuals received a meal on Jesus. Thank God that His Kingdom is being built and so many people from all over Bolton could be involved.</p>
<p><b>Sunday 5th February</b>  Please pray for a group of young people in Bolton who are known to various services. These young people have become quite entrenched in unhealthy relationships and lifestyle choices. Please pray for God to intervene in this group, pulling them away from negative influences and re-focusing them on the positives in their lives.</p>	<p><b>Monday 6th February</b>  Please pray for a young mum working with Family First who feels unloved and has very low self-esteem and self-worth. Ask that God would bless her with a sense of purpose and a renewed confidence. Ask God to move her to a position of accepting herself and recognising the love that God and others have for her.</p>	<p><b>Tuesday 7th February</b>  <i>Hebrews 13:3 "Remember those who are in prison, as though in prison with them."</i> A mum has been imprisoned and her family is struggling to cope with the changes. Pray that she would be treated with respect and care whilst in prison and that the family will have the strength and determination to manage at this time.</p>

*'The light shines in the darkness and the darkness has not overcome it.'* John 1:5

<p><b>Thursday 16th March</b>  Please pray that a young man from Bolton struggling with mental health issues will get the assessments he needs and that clear diagnoses can be established. Pray that he can then get the support he needs to enable him to grow into a healthy young adult. Please also pray for his family that they would continue to help him and not feel overwhelmed.</p>	<p><b>Friday 17th March</b>  Please thank God for new staff in the RUNA team. Please pray that they will continue to settle in to the growing team and thank God for the funding that has enabled this project to expand.</p>	<p><b>Saturday 18th March</b>  Please pray for all those across Bolton who are working with people who have an addiction. Please ask that God will give them patience, discernment and wisdom in all their encounters with people and that God will sustain them through difficult times with the people they are helping.</p>
<p><b>Sunday 19th March</b>  Please pray for a man who recently went to rehab but left early. He has started drinking again but not in excess. Pray that he gets help to deal with his addiction before his drinking gets out of control. Also pray that he finds somewhere to live which is not with other drinkers.</p>	<p><b>Monday 20th March</b>  Late last year we asked if you would pray for a young woman who was fleeing her violent partner. Praise God that she has managed to break free from him and start a new life without fear and bullying. Please continue to pray for her as she settles in to her new life.</p>	<p><b>Tuesday 21st March</b>  Please pray for one of our Eve's Space ladies who is pregnant. Her baby is due in May. She previously had her daughter removed from her care but has worked really hard to turn her life round and her daughter is now going to be returned to her care. Please pray for them as a family during the coming few months, and as they adjust to life when the new baby comes.</p>
<p><b>Wednesday 22nd March</b>  Please thank the Lord that one of our Eve's Space ladies has got a full time job. She is still in a violent relationship, so please keep praying that she will eventually get the courage to leave and become fully independent. Pray that she come to realise that she deserves to be respected for the lovely lady she is and that the Lord will restore her confidence.</p>	<p><b>Thursday 23rd March</b>  Today is the Urban Outreach away day for staff and trustees. Please pray that this day will bring the team closer and will be a chance for the team to grow spiritually and in fellowship with one-another. We thank God for this time to stop and focus on Him.</p>	<p><b>Friday 24th March</b>  Praise God for the Slow Cooker and Energy Efficiency sessions Friends of Fun Food have done in partnership with Money Skills. Pray that those who attended are feeling confident in using their slow cookers and that they make cooking for their families easier and save them money on utility bills.</p>

*'Not by might, nor by power, but by My Spirit.'* Says the Lord of Hosts.' Zechariah 4:6

<p><b>Tuesday 7th March</b> Please pray for the family of an 11 year old girl. Pray that, following family breakdown, they will begin to spend more quality time together as this is something that the girl craves. Pray that this will begin to reduce missing from home episodes for her brother and that there will be an opportunity for us to support him too.</p>	<p><b>Wednesday 8th March</b> Some of the young people known to RUNA are the responsibility of other local authorities and can struggle to get support when they are out of their home area. Please pray that they will easily get access to the services they need and that they get help and support from their carers.</p>	<p><b>Thursday 9th March</b> Please pray for strong relationships with our partners. Several people we work closely with have or are due to move on or retire. As changes take place, please pray that we can continue to communicate faithfully what the Charity does and the distinct approach that we take to transform lives.</p>
<p><b>Friday 10th March</b> <i>"My grace is sufficient for you, for my power is made perfect in weakness...For when I am weak, then I am strong."</i> (2 Corinthians 12:9,10) Please pray for our support workers who often meet seemingly impossible situations. Pray they know that God's grace is sufficient for them; where humanly they don't have the answers that God would supernaturally intervene.</p>	<p><b>Saturday 11th March</b> Thank God for the provision of some good quality accommodation for three of our Family First families. Pray that the houses will become homes that are settled, debt free, warm and nurturing and that this new start will allow families to face the future with hope and the ability to make positive changes.</p>	<p><b>Sunday 12th March</b> Please pray for a single mum with two daughters in primary school. Pray for God to heal her mental health and enable her to continue accessing support to clear her debts and arrears. Pray that she is awarded everything she is entitled to financially, and for God to reveal His amazing love to her in a very personal way.</p>
<p><b>Monday 13th March</b> Please pray for a young girl in secondary school who is carrying a lot of emotional pain. Pray for deep healing in the areas she needs it, and that she is able to make some strong, close friendships in and out of school. Please also pray for God to break into her family life, to bring honesty, closeness and mutual respect.</p>	<p><b>Tuesday 14th March</b> Please pray for our Friends of Fun Food staff who are delivering classes today and tomorrow with children and parents at Moorgate Primary School. Pray for safety and fun. Thank God for the opportunities he is giving us to expand our relationship with schools as we build up our food-based teaching skills and resources.</p>	<p><b>Wednesday 15th March</b> Please pray for the Urban Outreach Leadership Team that meets this morning. Pray for His guiding hand as new ground is broken in 2017. May they receive God's wisdom as they explore how He is calling us to use His blessings as we continue to bring people into His arms, His love, and His Kingdom.</p>

*'Now the Lord is the Spirit; and where the Spirit of the Lord is, there is liberty.' 2 Corinthians 3:17*

<p><b>Wednesday 8th February</b> Please pray for one of our Eve's Space ladies that has completed detox and is now in rehab. She is doing well but is finding it a very challenging time. Her support worker sends her cards of encouragement each week and she knows that people are praying for her. Pray that she really senses God's presence during this difficult time.</p>	<p><b>Thursday 9th February</b> Please pray for a young lady who has just spent a long time in a hostel and has finally got her own home. This lady previously struggled with addiction and had her children taken from her and adopted, and she carries a lot of guilt. Pray that she makes new, positive friends and succeeds in maintaining her new tenancy.</p>	<p><b>Friday 10th February</b> Please pray for a lady who really wants change in her life. She knows what her weaknesses are but needs constant support and encouragement to move forward and take the next step. Many services have turned their back on her as she has burnt many bridges. Pray that despite this she will persevere in moving forward with a fresh sense of confidence.</p>
<p><b>Saturday 11th February</b> As Winter Watch opens again this evening, please join us in declaring these words over the guests who will enter, <i>'Where the Spirit of the Lord is, there is Freedom'</i> (2 Corinthians 3:17). Please pray for an overflowing of the Holy Spirit in their lives and that they would truly know the love and grace of King Jesus and respond to Him.</p>	<p><b>Sunday 12th February</b> <i>'Your Kingdom Come, Your Will be done, on Earth as it is in Heaven'</i> (Matthew 6:10). As we reflect on the words of Christ's prayer to His Father, please pray that God's Kingdom will be established in the lives of those we come in to contact with over the coming week. Pray that we would bring Christ's hope and light into every situation.</p>	<p><b>Monday 13th February</b> Praise the Lord for the provision of Storehouse and all the food that comes in to help feed those who find themselves in difficulties. Please pray they would not only receive the food they need but as they interact with the Storehouse volunteers they would also be touched by God and be filled with hope to face their problems.</p>
<p><b>Tuesday 14th February</b> The Street Life drop-in will take place this afternoon at the Restore Centre. Please pray for the Lord's anointing on the workers and volunteers. Pray for God's wisdom and guidance when dealing with the many diverse problems that people come with. Pray they would leave the centre with a fresh hope for their lives.</p>	<p><b>Wednesday 15th February</b> RUNA is encountering a number of young people who are struggling with gender identity issues. Please pray for these young people as they deal with some very difficult emotions and work through these issues. Please also pray for guidance for those working with these young people so that we can support them in the best way.</p>	<p><b>Thursday 16th February</b> Please pray for RUNA's continued relationship with Greater Manchester Police. We are blessed by the close working relationship we have with them which results in a much better service for the young people. Pray that God would watch over and protect this relationship and provide His wisdom and guidance.</p>

*'He gives power to the weak. And to those who have no might, He increases strength.'* Isaiah 40:29

<p><b>Friday 17th February</b> Please pray for a 16 year old boy who has always struggled to cope with his mum's health issues. She has recently had her fourth heart attack. Please pray she recovers and pray that the son is able to understand what is going, is able to cope and is able to help support his mum.</p>	<p><b>Saturday 18th February</b> <i>'There is a time for everything, and a season for every activity under heaven...I know that everything God does will endure for ever; nothing can be added to it and nothing taken from it' (Ecclesiastes 3:1, 14).</i> Please thank God that he is at work in ways we cannot see. Pray for guidance and wisdom as urban Outreach seeks to offer its best for Him throughout this year.</p>	<p><b>Sunday 19th February</b> <i>'Our bones are dried up and our hope is gone; we are cut off.'</i> (Ezekiel 37:11). Please pray that God would breathe his Holy Spirit into the worn out and dry bones of many of our clients. Pray that where their hope is gone, God would restore them to the people He created them to be, with a plan and a purpose for their lives.</p>
<p><b>Monday 20th February</b> Please pray for a man working with Support First who is bound by alcoholism and has recently lost his family, his job and his home. Pray that the scales will fall from his eyes and he will have the courage to work towards a life of sobriety with the support he needs. Thank God that He is a God of miracles and no situation is too difficult for Him to transform.</p>	<p><b>Tuesday 21st February</b> Please thank God for the opportunities Urban Outreach projects get to bring Gods love into desperate situations and circumstances. Please pray for Sheila and Chris on their outreach evenings. Pray for opportunities to bring God's light into the darkness that they encounter. Pray that the women they meet will respond to God's love.</p>	<p><b>Wednesday 22nd February</b> Please pray for a Support First client who is struggling to break the hold addiction has on him. Pray for a release of the pride that is holding him back and for peace and healing in his relationship with his family. We thank God that no person is too hard for Him to reach and we pray for a breakthrough in this life.</p>
<p><b>Thursday 23rd February</b> Please pray for a client of Storehouse whose six week old baby died around Christmas. Pray for the family as time moves on that they will be comforted, supported and not forgotten. Pray that the other children they will be able to get the support that they need too as they continue with school.</p>	<p><b>Friday 24th February</b> In Winter Watch we have a banner which states 'You are welcome, loved, valued and accepted.' Please pray for each of the volunteers this evening; that they would love, value and welcome each person that comes in to the cafe. We are the hands and feet of Christ and we only do what we see the Father doing.</p>	<p><b>Saturday 25th February</b> Please give thanks for a family who have been working with RUNA for some time. Their situation has significantly improved and services are reaching the end of their involvement. Please pray that the positive changes the family have put in place continue beyond service involvement.</p>

*'For we are God's masterpiece. He has created us anew in Jesus Christ, so we can do the good things he planned for us long ago.'* Ephesians 2:10

<p><b>Sunday 26th February</b> Thank God for our growing partnership with individuals and organisations regularly donating increasing quantities of food; and for the army of volunteers who are helping us distribute the food every week to needy families. Pray that more and more people will see the importance of our work such that poverty in all its forms is eradicated in Bolton.</p>	<p><b>Monday 27th February</b> <i>'Each word or thought of yours can be like a pearl that you drop into the secret place of another heart, and in some hour of need, the recipient finds the treasure and realises for the first time its value!'</i> As these powerful words 'sink' in to your heart, please pray for the team at UOB that the words they speak or actions they take will do exactly this. Praise God!</p>	<p><b>Tuesday 28th February</b> As we seek to appoint a Team Leader to oversee some of the projects here at UOB, we would greatly value your prayers. Our desire is that we appoint the right person for this important ministry. Please pray for wisdom and discernment for those involved in the process of appointing. Thank you.</p>
<p><b>Wednesday 1st March</b> Praise God for the positive impact that the Friends of Fun Food team have had. They have helped people gain better skills in how to make healthy low cost meals that make money go further. Pray that the lessons they have learnt would stay with them and help them budget better.</p>	<p><b>Thursday 2nd March</b> The Friends of Fun Food team have just visited another school. Please pray that what the children have learnt about fun, healthy and low cost eating will stay with them and that they will pass this knowledge on at home. Pray that they would continue to grow in this knowledge year on, year out.</p>	<p><b>Friday 3rd March</b> As Friends of Fun Food prepare food with a wonderful team of volunteers for the Winter Watch weekend, please pray that the food prepared would be greatly enjoyed by all the guests. Pray that the Lord would watch over the volunteers as they work and that He would bless them for their commitment.</p>
<p><b>Saturday 4th March</b> Jesus has conquered death and given us eternal life. Please pray for all the people that Urban Outreach support, many of whom live very dysfunctional lives here on this earth. Pray that they would come to know Jesus as their personal Lord and Saviour and that they would experience His perfect love and find freedom from the bondage they currently have in their lives.</p>	<p><b>Sunday 5th March</b> We recently asked you to pray for an elderly gentleman who had been sleeping rough. He carries a lot of anger, drinks heavily and struggles to maintain tenancies due to his challenging behaviour. Street Life is in the process of accommodating him again. Please pray that he would engage with other services too that can help him move on in his life.</p>	<p><b>Monday 6th March</b> Please pray for a 16 year old girl who is in supported accommodation but feels that she should be at home to support her dad and younger brother. Due to her past this is not an appropriate address for her to be at and is putting her placement at risk. Pray that the right way forward is found for this girl.</p>

*'I see that the Lord is always with me. I will not be shaken, for he is right beside me.'* Acts 2:25