Friday 22nd September Please give thanks to God for a transformation that has taken place in one of our Eve's Space clients. She is making positive changes and is seeking God. Pray she attends the Fixed Conference at The Bridge next week and that her faith continues to grow.	Saturday 23rd September Praise God for the many women He brings into contact with Eve's Space. Out of bad situations, true hope is being shown to them. Please pray that they would see and feel God's love in their lives and respond to it with faith.	Sunday 24th September As Dave speaks at St Peters 'Harvest Songs of Praise' today, pray that God would inspire him with words and vision to pass to the fellowship and that they would be encouraged to follow God's direction. During this busy time of harvest please also pray that the team would be refreshed as they spend time in worship today.
Monday 25th September Please pray for the families that Friends of Fun Food work with, that they would value the time spent with their children learning about the benefits of healthy food and budgeting together. Pray that the staff would be equipped with all that they need to help the people have a better understanding of healthy food.	Tuesday 26th September Please pray for a young woman known to RUNA who is in an abusive relationship. Pray for her to experience God's transforming love and to be able to break free of all coercion and control. Pray that services are able to help her and for a transformation in the person abusing her.	Wednesday 27th September Please pray for a young person that RUNA has worked with who has been placed out of Bolton in secure accommodation and another who is also potentially moving to secure accommodation. Please pray that they will be given all the support they need from outside agencies and their carers.
Thursday 28th September Please pray for Dave, Alan and Rob as they take on the Chicken Run Challenge. Three 50 year olds, on a 50cc scooter for 50 hours attempting to complete the North Coast 500 – dressed as chickens! All to raise money for this year's chickens in the Christmas Dinner on Jesus hampers. Please pray for their safety and that all targets will be hit!	Friday 29th September Please pray for Local Welfare Provision and all of those people that we come into contact with on a weekly basis. Often these are people in crisis situations. Pray that everyone that comes to collect also gets any further support that they may need in order to move out of whatever situation they find themselves in.	Saturday 30th September Please pray for all aspects of Storehouse Foodbank – deliveries on a Monday, collections on a Tuesday, the volunteers that give their time as well as all those who donate either at harvest or throughout the year. Pray that Storehouse Foodbank has a positive impact on those who come in and that they will be able to make positive changes to their circumstances.

"May He equip you with all you need for doing His will.. May He produce in you, through the power of Jesus Christ, every good thing that is pleasing to Him. All glory to Him forever and ever." Hebrews 13:21



REGULAR THINGS TO PRAY Monday Tuesday Wednesday Thursday Friday admin@urbanoutreach.co.uk	Local We Storehou Urban Ou Bolton Lu Eve's Spa	ce with Probation, Bolton Lunches Ifare Provision, Bolton Lunches	Tuesday 1st August Please give thanks for keeping Dave and the team safe during their recent trip to Uganda. Please pray for the learning and experiences they had to be translated into something useable for Bolton.
Wednesday 2nd August Please can we ask you to pray for i health of the team. There is now ve time between our big food initiative gives little time for recovery. Please you also pray for protection as we and deliver 50,000 lunches over the summer holidays. Thank you.	ery little s which e would produce	Thursday 3rd August "Our Father in Heaven gives good gifts to those who ask Him" (Matthew7:11). Holly and Jane have been gifts God gave to Urban Outreach for a period of time. Now they have left us and are 'treading new territory' and sharing with God new adventures. Please thank God for all they brought to Urban Outreach, their gifts and talents and pray for their future ministries.	Friday 4th August Please pray for our RUNA team and our colleagues in other agencies at an exceptionally busy time. Thank God for their dedication and ask Him to continue to comfort and strengthen them. Many of the young people known to RUNA are of school age and summer holidays usually mean an increase in missing episodes, whether they are reported or not.
Saturday 5th August Please pray for young people know RUNA who are experiencing explo- including grooming and trafficking. might not feel that they are being e and they could be perpetrators, vic witnesses or a combination of thes for God's intervention, for guidance RUNA and effective inter-agency w within these complicated situations	itation, They xploited, tims, e. Pray e for vorking	Sunday 6th August Please pray for a single mum and young child who have made a fresh start in a new property. Ask God for His continued provision and care in their lives as they settle into their new home. Praise God for a job opportunity that has arisen and mum's hardworking attitude as she seeks to provide for her family.	Monday 7th August A woman that is working with Family First is in despair and fear over the behaviour of her teenage son. Ask that the Sovereign Lord would breakthrough and that His peace and His love would flow through her life. May she draw closer to Him at this difficult time.

"Therefore I tell you, whatever you ask in prayer, believe that you have received it, and it will be yours." Mark 11:24

Wednesday 13th September Please pray for a young teenager who struggles to manage her anger and has explosive outbursts at home and in school. Pray for her to know God's love deep in her heart and receive His healing. Please also pray for her mum who has become increasingly stressed and ill trying to cope with her daughter's behaviour.	Thursday 14th September Please pray for final preparations for our AGM next week. Give thanks for all God has done for us and through us over this past year. We are excited by what He has in store for us over the next 12 months. Pray that we remain focussed on Him in all matters – for unity of mind, spirit and our actions as we faithfully walk the path He has laid before us.	Friday 15th September Please pray for God's blessing and guidance as we serve the immediate needs of people who require support with food across Bolton. Pray that we are also able to help them escape the causes and effects of poverty in all its forms. May our volunteers and clients be encouraged and blessed by God in the profoundly important work He has called us to do.
Saturday 16th September Please continue to pray for young people known to RUNA who are secretive and quiet in their habits. Often this behaviour can hide all kinds of issues, rather than being just plain uncooperative or rude. Please pray for God to open their hearts to support from RUNA and those who care about them.	Sunday 17th September Please pray for a 12 and a 13 year old and their family known to RUNA who are experiencing great distress at the moment. Please pray for a miraculous intervention and that services will be able to work together for a solution. Praise God that RUNA have been able to work with this family.	Monday 18th September Please pray for a young lady who is battling with alcohol problems. She is managing to do four or five weeks without drink then she slips back and starts drinking again. Pray that we see a breakthrough and that each time she manages a longer period of abstinence.
Tuesday 19th September Thank you for praying for a man who lost his property after coming out of rehab. We managed to find him accommodation and he is engaging with alcohol services again after relapsing. Please continue to pray that he gets strength to battle against his addiction as he is finding it really difficult.	Wednesday 20th September Praise God for the wonderful staff at Bolton hospital. They are so supportive of the work we do and for the people that they look after while they are in hospital. Please pray that this relationship continues to grow and that together we can see more people turn their lives around.	Thursday 21st September Please pray for two women that Eve's Space is working with who are desperate to go to detox. One has completed all the pre detox sessions and needs a place quickly. The other is more chaotic and in a bad way through injecting. Pray that God makes a way for both these ladies to receive the help they need.

"Having hope will give you courage. You will be protected and will rest in safety." Job 11:18.

Monday 4th September Street Life has been working with an elderly homeless gentleman for some time. His financial situation is unusually complex. Please pray that this situation is resolved so that he has an income and that we would then be able to find suitable accommodation for him.	Tuesday 5th September Please pray for the workers and volunteers at the Street Life Drop In this afternoon. In two hours they can see around 30 plus people, many with difficult and complex needs. Pray for insight and wisdom when dealing with each individual person and pray that clients will leave with fresh hope.	Wednesday 6th September Despite receiving significant grants our donations income has reduced. Whilst we celebrate all the food donated our Winter Watch and Storehouse projects in particular have received little financial support this year. Please pray for wisdom as we seek to make this need known to the churches and how we see the resources released to continue these ministries.
Thursday 7th September "Trust in the Lord with all your heart and lean not on your own understanding" (Proverbs 3:5.). Please pray for us as we continue to walk with God through times of not fully understanding what is going on around us. It is now that we are asked to TRUST our Father and persevere knowing that He is putting things and people in to place so His plans will be fulfilled!	Friday 8th September "In all your ways acknowledge Him, and He will make your paths straight" (Proverbs 3:6). Our God is the King of Glory, the Prince of Peace, Lord of Heaven and Earth, and angels bow down before Him! Wow! Together, as we take hold of this and praise Him, let us pray that our paths, those of Urban Outreach, yours and our families will be made straight and clear.	Saturday 9th September We give thanks for the excellent relationships we have with teams at Bolton Hospital. Please pray as we attend the frequent fliers group at the hospital that we can demonstrate God's love and compassion for those that frequently turn up at hospital and that we can shine His light into lives that are troubled and see transformation and hope restored.
Sunday 10th September "Truly he is my rock and my salvation; he is my fortress, I will never be shaken" Psalm 62:2. Please pray that as our staff experience complex and difficult circumstances they will be renewed in strength each and every day, that they would know God as their rock and fortress and that they will not be shaken. Praise God!	Monday 11th September Please pray that a mum working with Family First will also engage with CAP (Christians Against Poverty) and start to address her financial difficulties which are having an adverse effect on both her and her daughter. Ask that God may lead her to a place of need and not want as she makes decisions about her money.	Tuesday 12th September Please pray for a 10 year old boy who currently has no education because his needs are too complex and challenging for his previous schools to manage. His mum is currently waiting for the outcome of an application for an Educational Health Care Plan. Please pray for God's favour for this specialist funding to meet his needs.

"Therefore encourage one another and build each other up, just as in fact you have been doing." 1 Thessalonians 5:11

Tuesday 8th August As Storehouse Foodbank is open today please pray for the staff and volunteers; that they create an atmosphere of hope. Pray that when it is open each week, people come in and find support and blessing from what goes on. Also pray that everyone is supported through their circumstances in order to be able to move forward in whatever situations they face.	Wednesday 9th August Please pray for a lady who desperately needs a place in a hostel out of Bolton. It is so important for this lady to get away from Bolton. While she is here she is in danger from a violent man who uses her to pay for his crack addiction. Her name has been down on the waiting list for a long time. Please pray that a place becomes available quickly.	Thursday 10th August Please pray for a young woman and her partner who are working hard to turn their lives around and for the first time they are both on a Methadone script at the same time. She used to prostitute to fund their habit; but she hasn't done this for ten weeks. Pray too that we can find them a flat as they are staying with a friend at the moment.
Friday 11th August Bolton Lunches is now half way through. Please thank God that we can feed so many children over the summer holidays. Please continue to pray for the staff and volunteers - for their strength and refreshment as they work hard at making this project happen. Please also pray for those distribution centres that they will have a great impact on the families over the summer.	Saturday 12th August Please pray for a young lady who is trying her best to reduce her alcohol intake. This addiction has taken over her life. She does want to stop, but stopping everything all at once can make her very ill. Pray that she engages with the services on offer, keeps going to the groups and that she would then be offered a place in a rehabilitation centre.	Sunday 13th August Praise the Lord for a day of rest! Please pray that the team at Urban Outreach will really take this day to rest and replenish, spending valuable time in worship. Please also pray for Dave as he preaches at Astley Bridge Baptist, that God would give him the right words to speak to encourage and inspire the congregation.
Monday 14th August Please pray for a mother and her two teenage children who may be evicted from their home. Pray that Street Life would be able to prevent this happening and help them get the right support to address the underlying issues that are causing the problems.	Tuesday 15th August Some of the young people known to RUNA are the responsibility of other local authorities and can struggle to get support when they are out of their home area. Please pray that they will easily get access to the services they need and that they get help and support from their carers.	Wednesday 16th August Please pray for young people known to RUNA who are changing their accommodation, for example moving into their own homes or changing children's homes. Pray for God's guidance and supernatural intervention in their lives to comfort them at such a disruptive time, and pray that they will receive appropriate support from those around them.

Thursday 17th August Please continue to pray for young people known to RUNA who might benefit from support with emotional health and self- esteem. Pray that they will feel nurtured by RUNA workers and others and believe in themselves and feel hopeful even when faced with personal issues such as illness, difficult life events and abusers and bullies who might be within their families.	Friday 18th August Psalm 61:4 reminds us of God's shelter and refuge: <i>"I long to dwell in your tent forever and take</i> <i>refuge in the shelter of your wings."</i> Please pray for all our clients, staff and volunteers that they will find shelter under God's wings during this summer period.	Saturday 19th August Please pray for financial provision to continue to work with repeat 999 callers to the police. Findings of our pilot work have been shared locally and we pray for a breakthrough in funding to enable this work to continue.
Sunday 20th August Please pray for Dave today as he shares God's word at Barrow Bridge. Pray that God gives Dave a word specifically for this fellowship. Please also pray for continued wisdom for Dave and Chris as they lead the work of Urban Outreach.	Monday 21st August Please pray for all the staff that Support First come into contact with at Bolton Hospital. They are the first people who come into contact with our clients. Pray that they feel refreshed and encouraged in the work that they do. Pray also that through us and how we interact with them that they see how God is at work in the vulnerable and disadvantaged people of our town.	Tuesday 22nd August Please pray for the Friends of Fun Food team as they lead a summer activity session at New Bury UCAN Centre. Pray that the session is well attended and that they are open to new ideas and fun things to do with food. Thank God for the many ways we are able to interact with the community around us to bring Glory to His name.
Wednesday 23rd August Let's thank God for his continued provision in all aspects of Urban Outreach. In the Food Team we see a huge amount of generosity and kindness through donations and volunteers. Please pray for this continued provision as the summer draws to a close and our stocks are running down.	Thursday 24th August Let's give thanks for the Bolton Lunches project this year. Thank God for everyone who has been involved including volunteers, businesses, churches and children's centres. Please pray for all the staff who have been involved that they will find rest ready for the next season.	Friday 25th August As harvest time approaches please pray for the schools and churches that will be getting involved with various collections this year. Pray that they are impacted by how they can make a difference – even if it seems small. Please pray that the logistics of collections, assemblies and services all run smoothly in the lead up to a very busy season.

"And we know that all things work together for good to those who love God, to those who are called according to His purpose." Romans 8:28

Saturday 26th August Please pray for God's guidance as we continue to seek His will on how we should use the buildings and facilities we have access to. Give thanks for his perfect timing on our taking possession of the former Baptist Church on the same day as we had to vacate the Unit on Trinity Retail Park!	Sunday 27th August Please pray for all our staff – that they have a good day of rest and relaxation, and that they are able to set aside precious quiet time for prayer and reflection in each working day. Pray for wisdom and discernment on the many priorities they have to juggle each day – with so much to do and stretched resources.	Monday 28th August Please pray for a young woman known to RUNA who is in an abusive relationship. Pray for her to experience God's courage and transforming love and to be able to break free of all coercion and control. Pray that services are able to help her and for a transformation in the person abusing her.
Tuesday 29th August Please pray for a large group of young people who are currently causing antisocial behaviour and crime in their neighbourhood. They are all young people that repeatedly go missing although some are not reported as often. Please pray for peace for them and their families.	Wednesday 30th August Pray for a 15 year old boy who is working with RUNA. He and his siblings have been removed from mum and he is now living with his grandma who is very ill. There is currently no plan as to where he will go following her imminent death. Pray that a plan can be established that will reassure him and help him feel stable and safe.	Thursday 31st August Please pray for a 14 year old boy known to RUNA who is currently staying with friends having being rejected by family. He is due to move to a placement but really doesn't want to go. Please pray that he will go and find peace and the support he needs there. Pray he will settle quickly and feel loved.
Friday 1st September During the six weeks summer school holidays the Friends of Fun Food project put a fun food activity in some of the BL (Bolton Lunch) venues. The children had lots of fun learning and making delicious healthy foods to eat. Please pray that the lessons they have learned would stay with them.	Saturday 2nd September As the Friends of Fun Food team continue to bring the "Cooking on a Budget Course" to people in the community, pray that they would be inspired and be equipped to carry this on. Praise God for the positive outcome that the course has already had on the people who have completed it.	Sunday 3rd September Friends of Fun Food have some volunteers who assist us to facilitate the larger group courses and events. Please pray that God would bless them for giving their valuable time and skills. Pray also that the team would find time to rest and recuperate with family and friends.

"For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ." 2 Corinthians 10:4-5