

<p>Tuesday 22nd January A young couple we've supported for the past year have just been 'closed'. They came from an extremely chaotic background and have worked hard to maintain their tenancy and turn their lives around. Please keep them in your prayers as they carry on with their journey.</p>	<p>Wednesday 23rd January God Bless you for your prayers. Over the years you have prayed for an older woman and her son; what a journey from an unmentionable chaotic lifestyle to finding God and what a transformation has occurred! Reunited with family with lots of blessings. Please continue to pray for them as one is in rehab and one is looking to move.</p>	<p>Thursday 24th January Please pray for the pantry food banks that are taking place today and for the Friends of Fun Food team as they demonstrate how to have a healthy diet on the food they receive. Pray also that the customers would feel valued, receive hope and be inspired to make changes for the better.</p>
<p>Friday 25th January As the Friends of Fun Food team and the food volunteers prepare Winter Watch for the weekend at the Restore Centre today, please pray for safety as they make the food and make sure everything is in place for another successful weekend.</p>	<p>Saturday 26th January Please pray for families in Bolton who are struggling financially and mentally. Pray that they would get the help that they need to get into a better situation. Pray also that they would be open to receive God's message of hope during a difficult time.</p>	<p>Sunday 27th January Please keep RUNA's fellow professionals in the police and social services in your prayers, including foster carers and children's home residential support workers. Pray for nurturing relationships with the young people, and for good multi-agency working to support the young people.</p>
<p>Monday 28th January Please pray today for our volunteers who will so generously offer their time over the next two days in preparation for tomorrow morning's foodbank. We give thanks for their heart to serve those in Bolton who have found themselves requiring this service.</p>	<p>Tuesday 29th January Please pray for a 15 year old known to Runa who is frequently missing from home in the middle of the night and has inappropriate friendships. Pray for improved family relationships and for nurturing relationships with carers.</p>	<p>Weds 30th & Thurs 31st January On these dark evenings please pray for protection for young people in Bolton as they make journeys or go out with friends. Please pray for parents and carers as they endeavour to keep their young people safe, that they receive the right support when its needed.</p>

*"Then when you call, the Lord will answer 'Yes I am here' he will quickly reply."
(Isaiah 58 v 9)*

Prayer Diary

December 2018 - January 2019





"Bind up the broken hearted and set the captives free" Isaiah 61:1



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REGULAR THINGS TO PRAY FOR

Monday	Local Welfare Provision
Tuesday	Storehouse, Street Life Drop-In
Wednesday	Urban Outreach Team Time, Local Welfare Provision,
Thursday	Eve's Space with Probation
Friday	Local Welfare Provision
	Christmas Dinners on Jesus (Dec) & Winter Watch (Jan)

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Saturday 1st December

Ecclesiastes 3:1 says "There is a time for everything and a season for every activity under heaven". As we see God changing things in Urban Outreach and as he prepares us for the 'next scene' in His bigger plan, join us as we pray for wisdom and protection. Thank you .

Sunday 2nd December

Please pray for the Trustees and Leadership team here at Urban Outreach. It is important that we keep hold of our 'vision' and remain united in decisions that need to be made. Please pray especially for Dave as he attends strategy meetings around Bolton.

Monday 3rd December

We are grateful for all the partners we have across the town from Churches, The Public sector, The Private Sector, Housing and so many individuals. At this time many of them will be focusing on Christmas dinner on Jesus; please would you pray that they will be encouraged by the response across the town from 1000's of people and especially as they make their contributions.

Tuesday 4th December

Please pray for a young man known to RUNA, he appears to always pick the wrong friends and drifts into trouble and poor choices. Please pray he will make some good friends who will be a good influence and supportive at school. Please pray for his parents as they struggle to cope when he doesn't come home and causes issues at school.

Wednesday 5th December

Please pray for our working relationship with Greater Manchester Police. New systems are due to be implemented soon so please pray for a peaceful implementation of these systems as well as RUNA's continued involvement with colleagues at GMP.

Thursday 6th December

Please pray for a 15 year old boy with severe anxiety, that he will have the courage to go out and see friends again. Pray that a school place becomes available for him quickly so he can work towards his exams. Please lift his mum up to the Lord as well. At the moment she is not accessing support for herself but this needs to happen for her own emotional wellbeing.

Friday 7th December

Please pray for families at this time who are struggling with financial issues. Ask for guidance and discernment in managing money, moving onto new benefits or into work and for Christmas spending to be thought through. Thank God for a dad who is engaging with Family First who has found work.

*"Those who live in the shelter of the most high will find rest in the shadow of the Almighty"
(Psalm 91 v1)*

Sunday 13th January

Please pray for a 15 year old boy who hates being in school. Pray that he keeps attending and pray that the reasons why it is so hard to attend come to light. Pray for his determination to overcome past difficulties and achieve great exam results. Please also pray that school quickly provides him with any further support he needs.

Monday 14th January

Praise God that Street Life has been able to accommodate two brothers who were sleeping rough. Please pray they would make better choices and move forward in their lives and be able to keep the property in order.

Tuesday 15th January

Please join us as we pray for the family of a young man who was tragically killed. Pray that they would be consoled by the fact that the young man knew God personally and is now with Him.

Wednesday 16th January

Thank God for all the new staff that have been brought to serve God at Urban Outreach over the past few months. As our Leadership Team meets this morning, pray that God will continue to equip, strengthen and inspire the whole staff team to do what He has laid upon their hearts to bring to those who are broken and hurting across the town.

Thursday 17th January

Give thanks for our van drivers and crew who faithfully volunteer their time each week to collect and distribute food to needy communities across Bolton. Pray for their protection from injury and for good conversations in spreading God's love and concern. Please pray for new recruits to lighten the load.

Friday 18th January

Please pray for a young lady who completed her detox but has started to drink again. Pray that she will find the strength to battle this addiction and that she gets her life back on track. She knows the benefits of not drinking but is finding it very difficult to live without alcohol.

Saturday 19th January

Please pray for all the volunteers and guests that will be at Winter Watch this evening. Pray that they will all have a peaceful evening and that all will be blessed by the food and the company. Also pray for the safety of each and every one of them as they make their way home.

Sunday 20th January

Thank God for the prayers that He answered in 2018. We have seen some amazing things happen to our clients and we will continue to pray that God will heal many more people this year. Pray that God will touch all the new people we meet this year.

Monday 21st January

Please join us to pray for a woman who is grieving the loss of her mother. Please pray for company for her during this time and a feeling of purpose for her life going forward. While her mother was alive all her daily routines centred on her; now she feels overwhelmed by the time she has.

*"Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has given you"
(Philippians 6 v4)*

<p>Friday 4th January Lord we pray for a young man who Street Life has accommodated numerous times and given him support, and we are now doing so again. He is a drug user which causes problems with drug dealers etc. Pray that he would want to make changes in his life and take the help offered to him especially around his drug issues.</p>	<p>Saturday 5th January As the Street Life Drop In will be happening in the Restore Centre every Tuesday pray for the Lords anointing on the workers and volunteers. Pray for God's wisdom and guidance when dealing with the many diverse problems that the people come with and pray they would leave the Centre with a new hope for their lives.</p>	<p>Sunday 6th January Journeys of any kind have their challenges. As Urban Outreach moves forward on its, please pray that God's voice will be the only one 'we hear', recognise and have the strength and perseverance to follow into the future He has planned for us.</p>
<p>Monday 7th January & Tuesday 8th January Severe Weather Emergency Protocol (SWEPE) is a power that a local authority has to safeguard rough sleepers during a sustained period of very cold weather. It involves a coordinated response to get rough sleepers off the streets & into shelters & temporary accommodation. Our Vision is that no-one, whatever their background or circumstances, should have to endure the desperation & indignity of living on the streets of Bolton at any time. Our Aim is to provide overnight emergency shelter during extreme weather & to prevent any deaths on the streets wherever possible. We are leading on the recruitment & training of around 300 volunteers & hosting one of the venues. Please pray as we develop this project and support a new alliance helping rough sleepers in the town.</p>		<p>Wednesday 9th January We are really believing again this year that God is going to break through into our guests lives at Winter Watch and we are going to see 'captives set free'. Please join us in praying for all those who will come through our doors. Pray that they will come with an open heart ready to receive God's Love and Mercy.</p>
<p>Thursday 10th January Please pray for all those who are volunteering for Winter Watch this year; from the preparing of the food, to those on shift in the cafe. Please pray for protection and that the teams would work really well together. Please also pray for wisdom for the Team and Kitchen Leaders as they oversee each evening.</p>	<p>Friday 11th January Three young people in one family are involved in criminality. Please ask that God would guide the Family First staff involved with the family and that parents would access parenting support. Pray for safety and a new direction for the young people.</p>	<p>Saturday 12th January Please pray for a 17 year old who has recently been given a second chance in his accommodation. Please pray that he is able to make good choices and is surrounded by support from professionals and his peers. Pray that the right career opportunities arise for him to help him stay out of trouble and remain focused.</p>

*"The one who plants and the one who waters work together with the same purpose. And both will be rewarded for their own hard work."
(1 Corinthians 3 v8)*

<p>Saturday 8th December A family are anxious about the mental health of their son and are finding it difficult to get the right support. Please pray that an appropriate service will become open to them and that we will see God's healing hand and power working through that situation. Pray that the family have the resilience to cope and support each other.</p>	<p>Sunday 9th December As Christmas approaches it becomes an extremely busy period for Urban Outreach. Please pray for all the staff that they would get a chance to recover as they spend time worshiping God and spending time with their church fellowships.</p>	<p>Monday 10th December Praise God for the success of the Friends of Fun Food summer project with the children from BL lunches. Pray that the children and parents who experienced the sessions would continue to enjoy trying and making healthy food together and that this would help build better relationships between them.</p>
<p>Tuesday 11th December The Friends of Fun Food workers will be at the Storehouse foodbank today demonstrating how to make Chocolate Truffles for Christmas (a cheaper suggestion for a present for their friends or family). Pray we would encourage those who attend the foodbank to have a go at home and have fun with their children making and decorating them.</p>	<p>Wednesday 12th December Please pray for families and individuals who are given Local Welfare Provision food today and in the coming weeks. Pray that they would be blessed through the way they are served. Give thanks that we can make a difference and serve those in need.</p>	<p>Thursday 13th December Please pray for all who require the services of our Storehouse foodbank. Pray that what they receive will ease any burdens that they may be carrying, knowing that at least they have enough food for the week ahead.</p>
<p>Friday 14th December Please pray for an elderly gentleman who has been sleeping rough after splitting up from his partner. Street Life has been able to find him accommodation. Please pray he would settle into his new surroundings and adjust to living alone. Streetlife will continue to have weekly contact with him to assess how he is coping.</p>	<p>Saturday 15th December Let us give thanks and praise for the faithful volunteers that help out every week during the year in the Street Life Tuesday drop in. Pray that God would bless them for their commitment and support that they give and that He would fill them with His love and patience for each person who comes through the doors.</p>	<p>Sunday 16th December Please pray for young people who might be trafficked into Bolton from other parts of Britain or from abroad. They are missing from home, families and familiar surroundings whether they are reported missing or not. Please pray for hope, strength and safety in such desperate circumstances.</p>

*"Worship the LORD your God, and His blessing will be on your food and water. I will take away sickness from among you..."
(Exodus 23:25)*

<p>Monday 17th December Please pray for people who are struggling with their mental health at this time of year as they face different pressures in their life. Pray that they feel able to reach out and talk to people and express how they are feeling. Pray that they are able to access the help and support that they need.</p>	<p>Tuesday 18th December Please pray for God's wisdom and guidance as we continue to serve the immediate needs of people attending Storehouse Foodbank this morning. Pray that we are able to provide practical support beyond the immediacy of 'food' to help them escape the causes and effects of poverty in all its forms</p>	<p>Wednesday 19th December Give thanks for all the wonderful volunteers who give up their time to sort food for Storehouse Pantries each Wednesday. Please pray that new people will continue to be encouraged and blessed in joining the teams. Pray that we continue to build good supportive relationships with all the households who attend our Pantries on a weekly basis.</p>
<p>Thursday 20th December Pray for those young people who struggle at this time; those with difficult or lacking family relationships, those for whom Christmas raises difficult memories or feel the support which is usually around them becomes depleted due to holidays. Pray that those who look after them are aware of these difficulties & support is put in place so that they can feel safe this Christmas.</p>	<p>Friday 21st December Please pray for our clients in rehabilitation placements; these can be difficult at the best of times as they work on making changes to their lives to move away from their substance misuse. Pray that they do not miss their families too much over the Christmas period and that they are able to enjoy and appreciate what for many will be their first sober Christmas in years.</p>	<p>Saturday 22nd December Please pray for volunteers and staff who will be starting to pack hampers ready for the Christmas Dinner on Jesus deliveries. Pray for enough hands to make the packing process go as smoothly and quickly as possible. This is a great time for us to be able to pray for the people who will receive the parcels and that this will have a deep and lasting impact on their lives.</p>
<p>Sunday 23rd December Let's thank God for his provision with all of Christmas Dinner on Jesus. For all the food and money that has been donated and for all those who have been a part of making the project happen. We thank God for all the ways in which he has provided and answered prayers.</p>	<p>Monday 24th December Today is the day where the Christmas Dinner on Jesus hampers will go out across Bolton to over 1200 households. Pray for the team that is organising it – for everything to run smoothly and efficiently. Please also pray for everyone giving out the hampers, that they will be blessed in their giving.</p>	<p>Tuesday 25th December Merry Christmas! Today is the day we celebrate the good news of Jesus being born – the light in the darkness. Please pray for all households that have received Christmas Dinner on Jesus hampers that they will be able to enjoy the blessing of the hampers. Pray that as the name of Jesus goes into each home the light of the good news will remain in each home too.</p>

“For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. For God did not send His Son into the world to condemn the world, but to save the world through him.” (John 3 v16-17)

<p>Wednesday 26th December Please pray for the team at Urban Outreach over this Christmas period that they will find time to relax with family and friends and enjoy celebrating this amazing time of year. Thank you.</p>	<p>Thursday 27th December Please pray for peace at a time of year when we know a lot of people will have got into debt over Christmas. Please pray that people will ask for help if needed rather than letting this impact on their emotional and mental health.</p>	<p>Friday 28th December Please pray for Hannah (from our Eve's Space project) her husband and son as they welcome their new born son into the family. Please also pray for Becky (from our RUNA project) who is on maternity leave, her husband and daughter as they await the arrival of their baby in January 2019.</p>
<p>Saturday 29th December Please pray for a young person who is assaulting her family members on a regular basis. Please pray that social services can offer a robust support plan to the family who are really exhausted and frightened of their daughter's behaviour and constant missing episodes. Pray the police act justly when responding</p>	<p>Sunday 30th December Please pray for the young people known to RUNA who have GCSE mock exams pending. Please pray that when they return to school, after the holidays, they can focus and concentrate on revising and won't feel too stressed or anxious.</p>	<p>Monday 31st December As we approach our 22nd year of Winter Watch, we thank God for His faithfulness over the years and the impact this project has had on so many people's lives. Please pray that the preparations to get everything ready go really smoothly. Please pray for protection over the Restore Centre building and for no complications with any of our equipment.</p>
<p>Tuesday 1st January Please praise God, for all the women He helped last year, who were sent to Eve's Space. Please ask for His continuing guidance in the coming year. Pray for the Eve's Space team, as we carry on with God's Love and strength, to continue helping as many women as possible to have some peace and stability in their lives.</p>	<p>Wednesday 2nd January Please thank The Lord, for a young lady who has been homeless for several years, who has now got her own flat. Pray that she manages to maintain that tenancy, and keep risky associates away.</p>	<p>Thursday 3rd January New Year – new start. Please pray for a young woman who needs a fresh start. She is at the beginning of a new journey, one which will take a lot of motivation and energy at first. However, please pray that she is able to stick to plans and follow through with everything she needs to do in order to set herself up for success.</p>

“You see his faith and his actions worked together. His actions made his faith complete.” (James 2v22:)