

## SARAH'S STORY

“When I first started going to Eve’s Space I was in a bad place! I wasn’t engaging properly with my worker; I was always missing appointments and messing them around. At the time I thought that everyone was on my case; I was being stubborn and wouldn’t accept the help. I can’t remember much from the beginning as I was using lots of different kinds of drugs like heroin, crack cocaine, diazepam and cannabis and was at high risk of offending to support my habit. I stopped engaging with my worker altogether but as time went on I stopped using drugs and my head was in a better place. I was thinking and seeing things in a whole new way! I wasn’t forgetting who’s who and what was said to me five minutes before. I decided to phone my worker and re-engage with the services. It was playing on my mind for weeks that it was something I needed to do to give me support to help me finally move on.

I didn’t even recognise my worker when we met up and that really hit home how bad I was. I didn’t even recognise the paperwork that I had previously filled in! With the support from Eve’s Space I’ve turned a new chapter in my life. I never used to come out of the house, didn’t have friends, got lost everywhere because I didn’t know Bolton. Now I’m at college four days a week, I’ve made lots of new friends and I don’t get lost any more. I’m not at risk of offending as I haven’t got a drug habit to support.

Since changing my life I’ve made a commitment to God and become a Christian which has had the biggest impact in my life. I now wake up every day, trusting in God and expecting Him to do great things! I feel I’ve got something to live for now and my life is so much happier.”

