

Pippa's Story ...as told by her Support Worker...

“We started working with a young girl just before Christmas. It was clear from her ‘missing from home’ report that things weren’t well at home. She had been referred to Children’s Services by the police as an allegation had been made when she was missing. We discussed the situation with the other agencies involved and it was felt we were the most appropriate service to work with her and her family. When we met her she was desperate to talk to us about how she felt and was keen for us to try to help her. However, she was nervous about speaking to us due to being let down in the past.

We spent the next few weeks gaining her trust and chatting to her parents. During this time it became clear that there were some long term issues around her and her family. After we felt we had made a strong enough relationship with them we managed to persuade the family to be referred to two other specialist agencies who could work with them on their specific family needs.

As this work progressed we continued to support Pippa with some Cognitive Behavioural Therapy work and confidence building. We also helped her become aware of how to stay safe. She could see the importance of this and started to change, as did her family and things started to settle down as a result. Our involvement with Pippa became less required and she has now settled into good school and family routines. We are pleased to say Pippa is now on track to achieve good grades.”

