

Sally's Story



"I first came to Storehouse last winter after a very unsettled way of life. I was drinking heavily, taking drugs and I was in a very abusive relationship. I was very badly assaulted by my now ex-partner which resulted in me needing hospital treatment. I had no income at this time to support myself. There was not a scrap of food in the cupboards, and no heating as I had no money for gas. I had never felt so lost and helpless in my life, cut off from family with no real friends. I really was at the point of giving up on life, just wanting the physical and emotional pain to stop.

I was then appointed a Support Worker from the domestic violence team at my housing provider. It felt like Christmas had come early when I was given a food voucher for Storehouse! My support worker took me down to the centre and I had a mix of emotions. I was relieved to be getting much needed food as I was hungry and had lost so much weight from taking drugs and from stress. But I also felt ashamed and embarrassed.

When I walked into Storehouse I was greeted with a smile and was made to feel so at ease and welcomed. I sat and cried and was comforted by the kindness of the volunteers. My feelings of shame soon went and I left feeling a bit more hopeful that my life would get better.

Each time I went for a food parcel I was made to feel at ease. My just being able to talk about the difficulties of my past made so much difference. At each visit someone was willing to pray for me and I came to know just how precious life is, and that we are never alone despite how we feel.

A year later and my life has changed in ways I can only describe as a miracle. I am now drug and alcohol free and look healthier than I have for many years. I have my family back which means so much to me.

Life does throw me a curved ball every now and again, but I have faith in our awesome God who will never leave me. He knows exactly where my life is going and having placed complete trust in Him I am living with a spring in my step and a smile on my face.

My life could have ended so tragically had it not been for the provision of Storehouse and the kindness and support given to me. I thank God every day for Storehouse and the volunteers who not only give out food parcels but take the time to sit and listen and show true compassion no matter who you are.

I would like to say to anybody who has found themselves in that dark and lonely place for whatever reason that there is hope and never give up because you are so very precious."