

# **REGULAR THINGS TO PRAY FOR**

Monday Tuesday Wednesday Thursday Friday Daily **Local Welfare Provision** 

Storehouse Foodbank, Street Life Drop-In

Urban Outreach Team Time, Local Welfare Provision

**Eve's Space with Probation Local Welfare Provision** 

Praise God for His faithfulness over the 30 years of Urban

Outreach

# Thursday 2nd April

As Urban Outreach looks to the future please pray that, as issues and needs are presented, we will be able to discern what we should or should not be involved with. Our direction must be always directed by our living and loving God.

#### Sunday 5th April

Please pray for a mother and a son who are growing apart at this moment in time. The son is getting increasingly more Involved in drugs and crime and is in danger of losing the structure of a safe and secure teenage life. Mum is very worried and is in contact with the RUNA team for support and guidance. She fears for his safety and for her relationship with him. Please have this family in your thoughts..

### Friday 3rd April

Week days at Urban Outreach can bring challenges of many sorts. Today, please pray for the team as they relax with family and friends over the course of this weekend. Pray that God will bring refreshment, and peace and that the 'Joy of the Lord will be their strength!' Thank you

#### Monday 6th April

Please praise God for all teachers in Bolton; for the guidance they offer and the stable and supportive school settings they provide. Please pray that they rest during the Easter holidays, reflecting on the term they have just worked through and preparing for the busy term ahead. They truly follow in God's footsteps in their care and love for their children. "We love because He first loved us." 1 John 4:19

# Wednesday 1st April

Please join us today as we pray for new members of staff that have recently joined Urban Outreach. That they will settle in and find their place in the team and be excited about how God will use them in the future of 'binding up the broken hearted and setting the captives free.'

# Saturday 4th April

A young lady, who was very well known to RUNA for a number of years has now turned a corner and has really settled. Please give thanks that we were able to make a breakthrough for someone who had such a tough and challenging childhood and pray that she continues to stay on this path.

#### **Tuesday 7th April**

Praise God that a teenager addicted to cannabis is now doing school work at home and wants to go back to school – please pray that he does this.

#### Wednesday 8th April

Please pray for a teenage boy whose mum left the family home suddenly, and who is spending all of his time in his bedroom. We would love him to get back into education and to open up to somebody.

# Thursday 9th April

Please pray for a young lady who has just spent 12 months under a mental health section but now keeps being discharged with nowhere to go. Pray that she gets the correct supported accommodation that she needs to keep her safe. She cannot cope in the community and constantly tries to take her own life.

# Friday 10th April

Please pray for a lady whose addiction to crack and heroin is so bad that she has started sex working to fund her habit. She often gets sent to prison, but as soon as she is released back to Bolton, she goes straight back on the drugs. Pray for God's intervention to break the cycle and to free her from this addiction.

# Saturday 11th April

Please pray for a new baby, born prematurely, weighing only 1lb. Pray that she grows stronger every day. That she be surrounded with the right doctors and nurses and that her mother be given the strength to keep going so that she can be there every day for baby.

# Sunday 12th April

Give thanks to God for all His gifts to us! Ask Him for more of His compassion, love and caring for others, that we would reach out and put others first. Praise Him for His goodness and His love that He lavishes on us without measure.

# Monday 13th April

Please pray today for people in Bolton who are struggling with poverty, those who are in need and find themselves in a desperate place. Pray that they would find the right route to follow to find a way out of their situation into a better place.

# Tuesday 14th April

As the Streetlife Drop In will be happening in the Restore Centre today please pray for the Lord's anointing. Pray for God's wisdom and guidance when dealing with the many diverse problems that the people present with and pray they would leave the Centre with a new hope for their lives.

#### Wednesday 15th April

Please pray for a lady that Streetlife has supported and accommodated numerous times, and now needs to do so again. She is fleeing from an abusive relationship; Streetlife has been able to accommodate her in a safe place. Pray that she would want to make changes in her life and accept all the help that she will be offered.

#### Thursday 16th April

Let us spend time praying for the many people we see every week through the Streetlife project. Pray that they would see the love of God through everything we do and that this would lead them to accepting Him into their own lives free from the shackles that hold them in their situation.

#### Friday 17th April

Please pray for a mother who has six children living with her and is finding it difficult to manage especially with no consistent father figure around. Her eldest son is getting himself into trouble; please pray for strength and positivity for her in this difficult time.

## Saturday 18th April

Please pray for a young person who is struggling to settle into their new placement. Pray that they will see this placement for the opportunity it is, a fresh start and ask that He bless them with the gift of hope, peace, joy and the love of God

#### Sunday 19th April

Thank God for the new staff that have been brought to serve the Lord at Urban Outreach over the past few months. Pray that He will continue to equip, strengthen and inspire the whole team to do what He has laid upon their hearts to bring to those who are broken and downtrodden across our town.

# Monday 20th April

Give thanks to God for our volunteers who work tirelessly behind the scenes week in, week out - and for all those who are taking on additional responsibilities in the collection and transportation of donated food from supermarkets and Grub-Tubs. Pray for safety and protection and for good conversations with all our friends and partners.

# **Tuesday 21st April**

Pray for a partnership meeting being attended by Dave today to discuss our forward strategy for the Storehouse Pantry initiative. Pray that we are able to continue to extend our reach to households across the borough struggling to escape the causes and effects of poverty in all its forms - and that we are able to shine the light of Jesus into the lives of those in despair.

# Wednesday 22nd April

Please thank God for the team working between professionals – working with housing, Achieve, the hospital alcohol team and mental health teams – that we would continue to work together well to support the needs of our mutual clients. We are very fortunate to have this provision in Bolton.

# Thursday 23rd April

Please join me today in praying for all those men and women who aren't yet ready to accept help and aren't ready to make changes to keep themselves safe. Please pray that there would be breakthrough. That God would give them strength and courage and open their eyes to see the hope and the path He sets.

### Friday 24th April

Please pray for a lady working with Support First whose baby is due shortly. There are some health concerns regarding the baby so please pray for a safe delivery, for safe health for mum physically and mentally and for the baby to be born strong and respond well to their treatment.

# Saturday 25th April

Thank God for the Mobile Storehouse Pantry as it reaches out to those in need in the Breightmet area. Praise Him for the great group of new volunteers, and the potential opportunities for the local churches to share Jesus with those we meet as we provide much needed support .

<sup>&</sup>quot;Above all, love each other deeply, because love covers over a multitude of sins." (1 Peter 4:8)

# Sunday 26th April

Reflecting upon the words of the worship song 'All who are thirsty' please pray for those who are indeed weak and thirsty. Pray that they do 'let the pain and the sorrow be washed away in the waves of His mercy'.

#### Monday 27th April

Pray that we might trust in God in times of joy and in sorrow; that He be our shepherd in the darkness and in the light, so that we might be a living Light of hope for others.

#### Tuesday 28th April

Friends of Fun Food are half way through their second Pregnancy and Weaning course. Pray that the sessions run smoothly and the participants feel engaged and cared for during this time. "Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear." (Ephesians 4:29)

# Wednesday 29th April

At the moment Friends of Fun Food are working in partnership with Bolton at Home in the Breightmet area. The time is spent helping families gain valuable life skills, including the importance of good home cooked food, health and physical activities. Praise God for the opportunity He has

### Thursday 30th April

Jesus used food in many of His parables because it is an integral part of life. Friends of Fun Food try to imitate Christ by using food as a focal point to share how God provides for and loves His children. Please pray that they are able to help service users to understand how food affects their

#### Friday 1st May

Thank God for those young people who are in their final year at high school and college and pray that they will find positive direction in their lives, as they explore the next steps.

# Saturday 2nd May

Please pray for those young people who feel they do not belong at home, those who don't feel loved by their families. Please pray that they will know that they are not a mistake but here for a purpose.

#### **Sunday 3rd May**

Please pray for a family who have outgrown their very small home. They are desperate to move and have high needs. Thank you.

#### Monday 4th May

Please pray for a woman who has been a heavy drinker for 16 years,. Her case will soon go to panel to see if she can get funding for detox/rehab. We need this to happen soon as her liver is badly damaged so this placement would effectively save her life.

Ask and it will be given to you; seek and you will find; knock and the door will be opened to you." (Matthew 7:7)

# **Tuesday 5th May**

Please pray for a young woman who, after 18 months, has had her daughter returned to her. Both have been very ill for 3 weeks and mum is fearful that Social Services will remove child from her care. Please pray for health and peace in her life; that she will not feel so fearful and gains confidence.

#### Wednesday 6th May

We are coming to the end of our third year with the Support First project and have seen many peoples' lives changed; moving from addiction to recovery, homelessness to homed and, in some cases, from a risk of loss of life to life! Praise God!! Please continue to pray for this project.

# Thursday 7th May

Please pray for the new Early Help processes that are being put in place across Bolton to help families earlier. It's in its early days, but the plan is that families in Bolton are supported at an earlier point in their journey, before crisis, where possible. Please pray for the local authority.

#### Friday 8th May

We are very excited to be starting our Popup Events this month where we will be visiting partner churches, sharing amazing stories and exchanging visions. Please pray for these events as we look to strengthen unity and partnership across Bolton in reaching out to our community.

### Saturday 9th May

Please give thanks to God for His provision of everything that was needed to open and run the In off the Street Night Shelter.

Thank Him that the shelter was a save, warm and loving environment. Give thanks that we have a God who goes before us, a God who protects and a God who brings

# Sunday 10th May

Give thanks for all that were connected to the In off the Street Night Shelter. Please thank God for the staff and volunteers and pray for protection and a bright future for the 100+ people who stayed in the shelter this winter. Ask that they will meet, and get to know God.

#### **Monday 11th May**

As we continue to serve God through this our 30<sup>th</sup> year, please pray these amazing words for all those we have the privilege to connect with.

".. to bestow on them a crown of beauty instead of ashes, the oil of gladness instead of mourning, and a garment of praise instead of a spirit of despair" and that; "they will be called oaks of righteousness, a planting of the Lord for the display of His splendour." (Isaiah 61v3) Thank you

#### Tuesday 12th May

hope in hopeless situations.

Life is full of choices whether they are little or large! As we experience changes in our World, in Bolton and maybe in our own lives and God begins to reveal new things then please pray for the Trustees and those who make decisions within Urban Outreach. Our desire is for wisdom and the ability to hear God's voice above all others.

"If any of you lacks wisdom, he should ask God, who gives generously..."
(James1v 5&6)

#### Wednesday 13th May

As plans are made around our 30 years of celebration, please pray that events and activities will 'come together' and that it will be a year of fun and an acknowledgment and space to praise God for all that He has done! Hallelujah!

#### Thursday 14th May

Please pray for a young person who has been known to RUNA for a few months and has unfortunately been arrested. Pray for breakthrough in his situation and that through this he can come out feeling like he does not have to turn to crime. Please also pray for the relationships with his family to be restored.

#### Friday 15th May

Give thanks to God for a young lady known to RUNA who, after years of addiction to spice and cannabis, is now clean and has been for several months. Please thank Him for her determination and resilience through this and pray that it continues into her recovery.

# Saturday 16th May

Please pray for a boy who is refusing to attend school and is struggling with feelings of very low self-esteem. Pray that he is protected from bullying and that God will shine His great love for him into his heart and mind so he knows how important he is.

#### Sunday 17th May

Please pray for a mother who is due to give birth very soon but is feeling very scared due to complications when her other children were born. Pray for God to envelop her in His love and peace and for an outbreak of joy in the whole family.

# Monday 18th May

Please pray for a mother who has just lost her grandfather and is feeling very low. Pray for strength for her to keep being able to look after her children and to keep engaging with the support being offered to her.

#### **Tuesday 19th May**

We are thankful for God's provision of food for the foodbank and for people's faithful giving to help those in need. Please pray that as we open Storehouse this morning, those who need the food are able to get down to us and not only receive support but also to experience God's Love and peace during this challenging time for them.

#### Wednesday 20th May

We thank God for the many volunteers who give their time so generously to help serve those in the Bolton community who are most in need. Please pray that as they come together that God will be central in all that goes on.

#### **Thursday 21st May**

Please pray for the many organisations, churches and community groups who are working so hard to support so many people. We thank God for the close partnerships between each of them and pray for stronger unity and clarity in how to better support the people of Bolton.

#### Friday 22nd May

Friends of fun food are working with many vulnerable clients from the UOB projects that live a chaotic lifestyle. The one to one sessions cover many valuable life skills which include budgeting and eating healthy on a low income. Please pray they would be inspired, encouraged and committed to attend these cookery sessions.

"Now if you will indeed obey My voice and keep My covenant, you will be My treasured possession out of all the nations--for the whole earth is Mine" (Exodus 19:5)

#### Saturday 23rd May

It's important to build one another up, especially those who feel isolated and lonely. Please pray for opportunities to show our service users how wonderfully unique they are and how God has a plan and a purpose for their life. "For you formed my inward parts; you knitted me together in my mother's womb. I praise you, for I am fearfully and wonderfully made." Psalm 139:13-14

#### Sunday 24th May

Let us praise the Lord for the continued support He gives to UOB, the many projects and the individual workers within the charity.

Psalm 100:1–3 "Shout with joy to the Lord, all the earth! Worship the lord with gladness. Come before Him, singing with joy. Acknowledge that the Lord is God!"

# Monday 25th May

While we enjoy the bank holiday please pray for all those who may be without crucial support on this holiday. The extra day of closed services can make a big difference to those in need.

## Tuesday 26th May

Please pray with us a prayer of thanks for a young woman known to Eve's Space who has chosen to seek help for domestic abuse. Please pray that she feels empowered and has the courage to keep herself safe.

# Wednesday 27th May

Please pray for a young person who is struggling to find positive role models. Pray that God will restore the broken relationships and place new opportunities in their life. We place our confidence in God for this and thank Him for all He has done, and continues to do.

## **Thursday 28th May**

A young person is staying in an unsuitable property. Please pray that professionals will be able to work with the young person to help move them on both geographically and emotionally. May the young person embrace a new future of safety and hope.

#### Friday 29th May

'I've never seen God, but I know how I feel. It's people like you who make Him so real.' (Helen Steiner Rice)

Pray that as RUNA visit young people daily they will be able to show God's compassion and care in a visible way.

### Saturday 30th May

Please pray for all those who are feeling a sense of loneliness and isolation this weekend.

Pray that God will meet them in their loneliness, that they might know they are never truly alone.

Pray that any broken relationships may be restored.

#### Sunday 31st May

Please pray for those struggling to face the week ahead and whatever that may bring. Please pray that they will find strength and courage to face the week in the knowledge that God walks with them.

May they feel a sense of His presence in their lives.