

Prayer Diary

June to July 2021



"Binding up the broken hearted and setting the captives free" Isaiah 61:1









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Tuesday 1st, Wednesday 2nd and Thursday 3rd June

The past year has been a challenge for all of us and we are asking for your prayers regarding a change in our relationship and funding from Bolton Council. We will be losing around £115,000 p.a. funding. However, we continue to praise God and thank many for the ways £1.8 million has been raised to support the humanitarian response during the pandemic.

Please pray daily for: -

- All Urban Outreach staff. For wisdom and protection in the many varied situations they find themselves.
- Our humanitarian response as we provide food, gas & electric to over 400 vulnerable and shielded people each week.
- Bolton Lunches from 26th July to 3rd September

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This has been made possible from external sources and personal supporters. "Is God doing a new thing?" This may be an opportunity for Urban Outreach to build in a different way. We would value your prayers as we reassess our position and make the changes needed to meet this new challenge.

Friday 4th June

Please pray for a girl known to RUNA. She is now in a place where she needs to use the support she has been given to take positive steps in to the exciting future of college and the rest of her life.

Saturday 5th June

Please pray for a young lady that RUNA has been supporting. Please pray that she thrives and continues to see a future for herself. She has started a new job and has rebuilt her relationship with her family.

Sunday 6th June

Please pray for a young person who has been really struggling with his mental health and has made a few attempts on his life. Please pray for peace and the right support to be put in place.

Monday 7th June

Please pray that as our country follows the roadmap of easing restrictions we, at Urban Outreach, will be able to continue to adapt our systems and processes to provide the best help to the right people. Please pray for planning over the coming months and for those people who will continue to need support.

Tuesday 8th June

Please thank God for all the friendships which are cultivated through people's contact with Urban Outreach. Thank Him for how friendships enrich our lives and for how strong social support boosts our happiness, improves self-confidence and increases our sense of belonging and purpose.

Wednesday 9th June

Please ask God to remind us how precious every person on the Earth is; how He sees those who are hurting and those held captive in some way. "The Spirit of the Lord is on me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free". Luke 4:18

Thursday 10th June

Please pray for protection for a woman working with Eve's space. Sadly her substance misuse has increased and she is entrenched in a cycle of drug use and vulnerability. Please pray for these chains and bonds to be broken, for her safety and most of all for her to find peace and safety in knowing Jesus through a personal relationship with him

Friday 11th June

Please pray for a man known to our Support First team. He is vulnerable to abuse from others and needs to move home to downsize as soon as possible. Please pray for clarity in his decision making and for wisdom for the right flat and area that is best for him.

Saturday 12th June

Please pray for a young woman who is due to have her baby soon. Please pray for her mental health at this time and for family support to be strong for her. Please also pray for a safe birth and delivery.

Sunday 13th June

Please pray for God's peace to 'flood' in to the life of a young man who struggles with violent behaviour.

"And the peace of God, which transcends all understanding, will guard your hearts and your minds in Jesus Christ." (Philippians 4:17)

Monday 14th June

Please pray for a mum with four children who has suffered domestic violence and abuse, has very low confidence and regularly feels suicidal. Pray that her life is protected, support comes quickly and she comes to know how loved and valued she is by God and people.

Tuesday 15th June

Please pray for a young lady who is struggling with her mental health and feels she has to take on a caring role for her parents and siblings. Pray that she gets support quickly and burdens lift off her. Pray that her life is protected as she often feels suicidal.

Wednesday 16th June

Today let us spend time praying for all those who find themselves in need of accommodation and are experiencing many difficulties. Please pray that the Street Life project would be equipped with everything needed to help them find hope for the future and that God's presence would be evident in all that they do.

"The Lord bless you and keep you, the Lord make his face shine upon you and be gracious to you, the Lord turn his face toward you and give you peace." (Numbers 6:24-26)

Thursday 17th June

Please pray for a gentleman who Street Life accommodated in January and is now looking to go into rehab for alcohol dependency. Over the past few months he has done extremely well and has reduced his intake tremendously. Pray he would get into rehab soon and continue to grow from strength to strength.

Friday 18th June

Please pray for a couple who are currently sleeping in a car. It has become difficult and is putting a strain on their relationship. Street Life is looking to move them into their own property soon, a place they can call home, and to put all the services they need in place to help them going forward.

Saturday 19th June

Let us thank God for His faithfulness and grace that abounds. Reflect upon how good God is to each one of us and think about the millions of individuals around the world who all share that truth. Pray for those in Bolton that do not know God that they will experience His goodness in a way that they have never before.

Sunday 20th June

Join us in thanking God for His rest. Please pray for the Urban Outreach team that they are refreshed and filled with the Holy Spirit today for whatever the coming week may hold. Pray that the team are able to fully rest in Him and be encouraged in their spirits.

Monday 21st June

Please give thanks for all the volunteers who give up their valuable time to help projects within Urban Outreach. Pray that they will be blessed for their support and commitment.

Tuesday 22nd June

Let us spend time praying for the many people we see every week through the Street Life project. Pray they would see the love of God through everything we do and that this would lead them to wanting to know Him for themselves.

Wednesday 23rd June

Each year we host some primary schools to teach the older children what we do and how to make a difference to the world in which we live. This year we have a number of children booked in to visit the Food Hub and learn about the issues surrounding poverty. Please pray that these children are inspired to make a difference every day and that the impact of the lessons will go further than we can see.

Thursday 24th June

Please pray for a man sleeping rough for months, he's approached Street Life for help due to struggling with life. We've arranged accommodation and put all the relevant services in place; he's not moved in yet and won't go into a hostel. Please pray his accommodation will be ready sooner rather than later.

Friday 25th June

Please pray today for Urban Outreach staff who work with children and families. Pray that they would be blessed and be a blessing, and that they would have positive conversations with those families and young people they speak to. Please pray for good outcomes and resolving of issues that the families are facing.

Saturday 26th June

Please pray for those who are looked after by carers or foster parents in Bolton. Pray for good communication between carers and children, and that they would be able to build relationships that can last. Give thanks to God for carers who can commit to support young people even after they become adults.

Sunday 27th June

Please pray for those who work supporting children and families in Bolton. Pray that they would see changes in the families they work with that would give them hope for the future. Pray for the families, that they would be open to the help they are offered and willing to make changes.

Monday 28th June

Please pray for a young girl who is struggling at home where there is a lack of warmth and nurture. Ask that God may help her to negotiate a peaceful path through family arguments and ongoing volatility. Petition God to guide her to attend school, choose friends wisely and seek safe spaces.

Tuesday 29th June

"Listen, my son, to your father's instruction and do not forsake your mother's teaching. They are a garland to grace your head and a chain to adorn your neck." (Proverbs 1:8-9). Please pray that the young people RUNA work with are able to respond well when positive and appropriate boundaries are put in place by parents and carers.

Wednesday 30th June

A young girl is feeling challenged by her home environment and is in a pattern of going out, staying with friends and turning her phone off. She is refusing to return home. Seek God's love and care for her and pray that she may have supportive professionals around her and that the relationship with home will improve.

Thursday 1st July

Today let us thank God for the ways He has built up the relationship between Urban Outreach and His church. Looking to the future please pray that more doors will open for an even greater connection between the two, thus creating an impact that will powerfully resonate throughout our town of Bolton.

Friday 2nd July

We believe that God prepared Urban Outreach in advance for a period of "vulnerability". As God leads us through this time please pray, not only for protection but for perseverance and God's peace as we trust our Heavenly Father to take us through and into the next season for Urban Outreach.

Saturday 3rd July

"His banner over me is love." (Song of Solomon 2:4). The scripture that Urban Outreach was birthed under; a reminder of not only being under the love and protection of God but how powerful God's love is! Today let us pray that we will each have an opportunity to share this amazing love with one other person.

Sunday 4th July

Please pray against the addictions that are holding back some of our clients and are robbing them of the life that God has planned for them. These include but not limited to drugs, alcohol and gambling.

"Do not let your heart be troubled (afraid). Believe (confidently) in God and trust in Him, (have faith, hold on to it, keep going and) believe also in me." (Amplified Bible John 14:1)

Monday 5th July

Please pray that those in addiction will wake up to the fact that they are not alone, that there is help and support available to them, and that there is HOPE for a brighter future. Pray that they will have the courage to reach out for that help.

Tuesday 6th July

Please pray for the families, friends, professionals and staff, here at Urban Outreach, as they support those trapped in addiction. Ask the Holy Spirit to guide their every conversation; pray for the fruits of the Holy Spirit in our staff to shine and for conversations to lead to life changing

Wednesday 7th July

Praise God that the mobile Storehouse Pantry is back out on the road. Pray for the new school locations it is visiting each week, at Washacre in Westhoughton, and Haslam Park in Deane, that it will be well received and help those in need in those communities.

Thursday 8th July

Pray that the staff at Urban Outreach would be open to allow God to do what they cannot do - that their strength would rise as they wait on God.

Friday 9th July

Praise God for the amount of food in the Food Hub at the moment that Urban Outreach has been blessed with through people's generosity. Pray that it would be used to help many people and families across Bolton to improve the situations they find themselves in.

Saturday 10th July

As young people prepare to be finishing school, please pray that they will keep themselves safe during the summer holidays. Ask God to protect them whilst not accountable to school or college. Pray that parents and carers will report missing young people and for positive opportunities over the break.

Sunday 11th July

'The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full' (John 10: 10, NIV). Please pray for those young people being exploited in Bolton – for those who are being coerced into criminality and manipulated into sexual activity. Ask God for physical and mental release.

Monday 12th July

A family are struggling to move beyond a situation filled with mental health and physical health issues. Each agency door keeps closing as they don't meet specific criteria. Intercede with God for a breakthrough in finding the right service which can support them and finding peace and security as a family.

Tuesday 13th July

We thank God for the trustees at Urban Outreach who invest so much into making sure the charity runs with integrity, honesty and an unwavering commitment to share Christ's unconditional love with all those we work with. Please pray that as the trustees meet today, they will be filled with wisdom and boldness as they seek Gods prompting for the future of Urban Outreach.

Wednesday 14th July

We continue to be astounded and humbled at the levels of generosity of people! So much food and finances are given, as well as people's time, prayers and skill sets. Please pray a blessing over each of these people and their families and know that as we stand together as one people and one community, that God's blessing on our town quickly follows!

Thursday 15th July

Please pray for a young man working with RUNA who is struggling emotionally and finding things difficult. Pray he listens to support, accepts the help and makes the right choices to keep himself safe. He has shown himself to be strong and brave for others, please pray God sends strength and bravery to help him at this difficult time.

Friday 16th July

Pray for those being brought to serve the Lord in the staff team at Urban Outreach. Please also pray for those that have moved on recently to pastures new. Pray that God will continue to equip, strengthen and inspire the whole team to do what He has laid upon their hearts in service to the broken and downtrodden.

Saturday17th July

Praise God for all the wonderful people from churches and the local community who have stepped forward to volunteer at the Food Hub and with the delivery of food parcels across our town. May the Lord continue to guide our feet as the services we provide evolve to meet the needs we see out there in a new post-pandemic normal.

Sunday 18th July

It's only a week to go until the start of Bolton Lunches this summer. Please pray that the final week of preparation goes well. Pray that the lunches and the planned fun activities will reach those children and families most in need. Pray for safety and enjoyment for all those involved.

Monday 19th July

A woman known to Eve's Space for a long time has had a health scare. She is now out of hospital and needing accommodation that is more suitable to her needs. Please pray that accommodation is found and that she stops the chaotic behaviour she has displayed since her partner's death two years ago.

Tuesday 20th July

Give thanks to God for all the blessings and grace He shows to us. Please continue to pray for a woman who had a baby last autumn. It has been incredible watching this lady turn her life around. Baby is now home and living with mum who still needs your prayers as this is her first child and so everything is new to her.

Wednesday 21st July

Eve's Space is again working with a woman who has dipped in and out of prison and our service. Recently she has become more chaotic; now a good friend is letting her stay with them in the hope that she will reduce drugs and alcohol. Please pray that this time, in a calming environment, will have the much needed effect on this lady.

Thursday 22nd July

As our volunteers head out to deliver food provision to those in need, please pray for their safety and protection as they travel on their rounds.

Thank you.

"And he said, "My presence will go with you, and I will give you rest." (Exodus 33:14)

Friday 23rd July

Many families have been referred through the Urban Outreach Food Hub over the last year for support. Please thank God for His provision of food and volunteers that has enabled us to meet the need of all those who have been referred.

Saturday 24th July

Please pray for everyone involved with the prepping of food parcels today at the Food Hub and that the session runs smoothly. Give thanks for their time and for the love that goes in to each and every parcel being packed to go out to homes today.

Sunday 25th July

Please pray for a young lady known to RUNA. She is not in education and struggling to occupy herself with anything productive.

RUNA are supporting her with her education and employment. Please pray she finds some direction and purpose so she is able to have the full and positive life she deserves.

Monday 26th July

Today is the start of Bolton Lunches, please pray for all those involved in the running of each aspect, from making the lunches to giving them out to those children who need it most. Please pray for a supernatural renewal of energy for those staff overseeing it. Please also pray that the children and families who need to access it will hear about it and know where to go.

Tuesday 27th July

Please pray for staff at a care home RUNA visit regularly to speak to children who go missing. They try their hardest to provide the stability and boundaries that children need. The home is going through a time of negative behaviour — please pray that the home comes through this time a stronger establishment.

Wednesday 28th July

Please pray for a young lady who after being addicted to crack and heroin for several years, is just completing her rehabilitation and is coming out into the community. Pray for her protection and strength as she embarks on a new journey.

Thursday 29th July

Please pray for a young lady who is trying to bring up a new baby on her own. This young lady has grown up in the care system, but absolutely loves her new child. Pray she gets the correct support and engages well with all services, so that she can learn how to be a great mother.

Friday 30th July

Please pray for a lady who has suffered abuse and intimidation for the past few years as she settles down to a new life in supported accommodation. Pray she finally finds peace, makes positive friends and can at long last enjoy a happy, fulfilling life.

Saturday 31st July

Please pray for all the teachers, assistants, helpers, carers and volunteers who teach and nurture our children and young people. Ask for God's blessing, joy, wisdom and patience as they re-charge their batteries over the summer break, ready for the new school year ahead.