



Working with vulnerable and marginalised women at risk of offending or reoffending. We help them to rebuild their lives and fulfil their true potential.



Practical and emotional support for women involved in sex work in Bolton. Our aim is to empower and help them to exit prostitution and rebuild their lives.



Working hard to get the homeless and 'difficult to house' people into suitable and sustainable accommodation, so no-one has to resort to living on the streets in Bolton.



Daily distribution of food, utility top-ups and other household consumables to people struggling to make ends meet and those in crisis.



Cooking with confidence and enthusiasm, meal-planning, budgeting and food safety training - aimed at the vulnerable, the low-skilled and those in food poverty.



Tackling holiday hunger by providing free packed lunches during the school holidays - aimed at children across Bolton who would normally receive a free school meal.



Providing hampers to struggling individuals and families containing everything they need to enjoy a traditional Christmas Dinner - right down to crackers and party hats!



Personalised advice, guidance and support focussing on children in families struggling with significant emotional problems - helping them to create solutions.



Working with the police and others to provide advice, guidance & support to children & young people who go missing from home and those who are at risk of running away.



Every year we are supported by an 'army' of around 2,000 amazing volunteers and donors, churches, schools, community groups, supermarkets and other businesses without whom many of our projects and services simply would not be possible.

In 2021 we provided critical support to individuals on over 120,000 occasions. *But there is always more we can do!*

How you can help....



We rely totally on the generosity of people who value what we do. You can help by giving financially to support our work, by volunteering with us, by donating food, or simply by praying for us and the people we are helping. With your help and support we can and will make Bolton a town where everyone can thrive!

To learn more about our projects and how you can give and volunteer with us, please visit our website.

www.urbanoutreach.co.uk

If you would like to have a chat about any of this, please do give us a call on **01204 385848** or drop us a line at admin@urbanoutreach.co.uk